

Master Questions List

Reflection

1	Who do I intend to be?	
2	Where have I been?	
3	Why am I here?	
4	Where am I going?	
5	What would it look like for my life to be a masterpiece?	
6	Who am I ?	
7	What kind of person am I? (MEANING / AUTHENTICITY)	
8	What in my life has given me the greatest fulfillment?	
9	What is the most authentic expression of "me"?	
10	What am I currently doing that is betraying my authenticity	
11	What is my definition of a good person? (or replace "person" with a more specific role)	
12	What matters most to me? (VALUES)	
13	What are 5 things I most love about myself?	
14	What do I really, really want?	
15	What are my dreams?	
16	What do I like to learn about the most?	
17	What do I enjoy talking about the most?	
18	What do I like to think about?	
19	What have I done that I am most proud of?	
20	Why do I do what I do?	
21	If you found out that I had 5 years to live, how would I spend that time?	
22	What really gets my goat?	
23	What do I spend your time/energy/money doing?	
24	Who do I admire most? Why?	
25	What can I do better than most others? (STRENGTHS)	

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26	<i>What is my superpower?</i>	
27	<i>What could I be the best in the world at?</i>	
28	<i>How am I unique? How am I not being true to my uniqueness?</i>	
29	<i>What are my talents?</i>	
30	<i>What comes most naturally to me?</i>	
31	<i>How do I tend to contribute in teamwork settings?</i>	
32	How do others see me and How do I see myself? (SELF-AWARENESS)	
33	<i>How well do I know myself?</i>	
34	<i>How would I describe myself?</i>	
35	<i>What are the self-identities that I have that I have the most affinity towards?</i>	
36	<i>What are the self-identities that I disown or push away?</i>	
37	<i>What stories are running my life?</i>	
38	<i>What are my limiting beliefs?</i>	
39	<i>How do I come off to others? What are my blind spots?</i>	
40	<i>How do I want others to view me? How do I think others view me?</i>	
41	<i>How do I learn and grow?</i>	
42	<i>What am I avoiding in my life?</i>	
43	<i>What would I do if I had no fear or limitation?</i>	
44	<i>What ideological beliefs do I cling to?</i>	
45	<i>How can I become a better version of me?</i>	
46	<i>What is my style of learning?</i>	
47	How will I show up for others? (COMMUNITY)	
48	<i>What is my work with others?</i>	
49	<i>Where do I belong?</i>	
50	<i>How do I define my community?</i>	

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51	What kind of people do I need to know? (NETWORK)	
52	<i>Who do I know?</i>	
53	<i>Who do I need to know?</i>	
54	<i>Who do I turn to for help?</i>	
55	<i>What should my network look like?</i>	
56	<i>What social groups do I belong to?</i>	
57	<i>How do I facilitate relationships between other people?</i>	
58	<i>If I could emulate the qualities of 5 people, who would those 5 people be?</i>	
59	What is my way to connect with others? (RELATIONSHIP)	
60	<i>Why do people like me?</i>	
61	<i>How do I care for others?</i>	
62	<i>What is my way to be vulnerable with others?</i>	
63	<i>What groups do I feel drawn to help more than others?</i>	
64	<i>What needs do I fulfill in my interactions with other?</i>	
65	<i>How would I treat this a person if he or she was a part of my family or a close friend?</i>	
66	<i>What would cause this person to think or behave this way?</i>	
67	<i>What am I supposed to learn from this (difficult) person or relationship?</i>	
68	How do I communicate with influence? (COMMUNICATION)	
69	<i>What is my core message?</i>	
70	<i>What is my natural communication style?</i>	
71	<i>How do I communicate with more authenticity?</i>	
72	<i>How do I communicate with more compassion?</i>	
73	<i>What would those closest to you say about how well you listen?</i>	
74	How will I contribute to the world around me? (PURPOSE)	
75	<i>Where is humanity headed in the future?</i>	

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76	<i>What change am I committed to making in the world?</i>	
77	<i>What is the highest vision of myself?</i>	
78	What am I committed to that is greater than myself? (MISSION)	
79	<i>If I had \$100 million and income was not an issue, what would I do?</i>	
80	<i>What are the biggest problems around me that I feel compelled to address?</i>	
81	<i>Whom will I impact through my life and career?</i>	
82	<i>What is my unique way of making a difference?</i>	
83	<i>What am I called upon to improve in the world? My community?</i>	
84	How will I define success? (VISION)	
85	<i>What will you do that will be remembered in 200 to 400 years?</i>	
86	<i>What does an ideal life look like in 5, 10, 25 years?</i>	
87	<i>What would I want my obituary to say?</i>	
88	<i>What is a completely new way that I could live my life?</i>	
89	<i>What am I working toward? What will that look like once it's done?</i>	
90	<i>What accomplishment am I most proud of?</i>	
91	What is my next step? (PROCESS)	
92	<i>What is the next chapter of my life? What is the next level of my life purpose?</i>	
93	<i>What three things, which if they happen, will make the next year a successful one?</i>	
94	<i>How can I accomplish my dreams in the next 6 months?</i>	
95	<i>What can I do today to advance towards my goals?</i>	
96	<i>How much time do I waste?</i>	
97	<i>What obstacles will I need to be prepared to face in the process?</i>	
98	<i>What in my life do I need to do more of? Less of?</i>	
99	<i>When am I at my most creative?</i>	
100	<i>What are the habits that I need to create in my life?</i>	